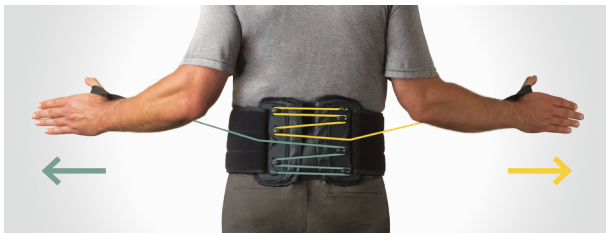


Targeted Pain Relief



Aspen's patented SlickTrack™ 4:1 independent compression system offers targeted pain relief and easy tightening regardless of strength. Pulling the right pull tab compresses the upper portion of the brace while pulling the left pull tab compresses the lower portion allowing you to localize support where needed for immediate pain relief.

Aspen Products

Aspen LSO



Aspen TLSO



Aspen Peak



Aspen Knee OA



Aspen Knee Hinged



Aspen AFO



Revolutionary Soft Hip Management System

Frequently Asked Questions

Can Aspen Braces be worn under clothing?

Yes, Aspen braces can be worn underneath clothing, but a cotton undershirt is recommended next to skin for enhanced comfort.

Will my health insurance pay for an Aspen brace?

Medicare and most private health insurance companies do offer coverage for this treatment option. Consult Medicare or your insurance carrier to verify coverage.

OUR NETWORK



☐ **ASK YOUR DOCTOR TODAY**
if an Aspen brace is right for you



Worthy Medical Supply Inc
3675 Crestwood Pkwy
Suite 520
Duluth, GA 30096
Phone: 770-935-6043
Fax: 678-264-2121
www.worthymedicalsupply.com

COVERED
By Most Insurance

**Spinal & Joint
Pain Relief**



Patient's Information

First Name	Initial	
Last Name		
Address		
City	State	Zip
Date of Birth		
Weight	Height	Sex
Phone		

Primary Insurance	ID#
Secondary Insurance	ID#
Primary Person on Insurance	
Last Name	First Name
Date of Birth	

Product List

- ☐ Aspen LSO (L0631/L0637)
- ☐ Aspen TLSO (L0456)
- ☐ Aspen Peak (Scoliosis) (L1005)
- ☐ Aspen AFO (L1932)
- ☐ Aspen Knee Hinged (L1832)
- ☐ Aspen Knee OA (L1845)
- ☐ Hip Brace (L1686)
- ☐ _____

Certificate of Medical Necessity

Diagnosis / ICD-10 Codes _____
Length of Time 99months _____
☐

Prognosis ☐ Poor ☐ Guarded ☐ Custom Fit

After a comprehensive assessment and evaluation of this patient, I certify the medical equipment/supplies is/are of medical necessity for treatment.

LSO Checklist

- ☐ Patient has been given a RX for a LSO to support weakened lumbar muscles.
- ☐ Patient had a recent injury or surgery and is documented in the doctor's notes.
- ☐ Patient pain is made worse with: sitting/standing/walking/bending, etc.
- ☐ Pain radiates to lower extremities. Yes/No.
- ☐ If pain radiates, describe where: right/left leg, buttocks, etc.
- ☐ In the patient's PLAN section, it must state "**patient provided with Rx to obtain LSO to support and stabilize weakened spinal muscles and reduce pain.**"

Knee Checklist

- ☐ Patient had recent injury or surgery to the knee and is documented in the doctor notes.
- ☐ Patient complains of pain and instability in right or left or Bilateral knees.
- ☐ Pt describes the pain as: sharp/dull/stabbing/pins & needles/numbness, etc.
- ☐ Patient has been given a RX for a knee brace to support instability and pain.
- ☐ Pt has tried conservative pain relief modalities without success for the past ___ months. (PT, anti-inflammatories, Ben-Gay, heat/cold compresses).

Doctor's Name

NPI#

Doctor's Signature

Date

Understanding Back Pain



PAIN AND MUSCLE FATIGUE

Around the site of an injury or strain, back muscles naturally tighten to prevent further damage. Unfortunately, this muscle-guarding phenomenon overworks these muscles leading to muscle spasm and pain.

The Benefits of Bracing



MAXIMUM SUPPORT AND PAIN RELIEF

Research shows that inelastic braces are significantly more effective at improving trunk stability than elastic braces', a key factor in relieving pain. Increased trunk stability reduces the load on overtaxed muscles, which can dramatically reduce low back pain. Aspen braces are inelastic by design and feature an innovative tightening mechanism that delivers localized compression directly to these overworked muscles, relieving spasms and reducing pain. The self-adjusting back panel then conforms precisely to your lower spine providing added support for maximum pain relief.